

FEBRUARY 2019

ELEMENTARY BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Breakfast: Long John Hot Dog Sun Chips Alt: Cook's Choice Fresh Strawberries Baby Carrots Brownie
4 Breakfast: Pancake Sausage Stick Personal Pepperoni Pizza Corn Fresh Veggies w/ Hummus Grapes <i>Alt: Soft Pretzel w/ Cheese Sauce</i>	5 Breakfast: Breakfast Pizza Mini Corn Dogs Tator Tots Romaine Salad Chilled Pears Rice Krispie Treat <i>Alt: BBQ Pork on a Bun</i>	6 No Breakfast 2 Hour Late Start Soft Shell Taco Refried Beans Shredded Lettuce Diced Tomatoes/Salsa Kiwi Cinnamon Bread <i>Alt: Fruit an Yogurt Parfait w/ Cinnamon Bread</i>	7 Breakfast: Pancakes Chicken Drumstick Mashed Potatoes Breadstick Baby Carrots Pineapple Tidbits Dinner Roll <i>Alt: Salisbury Steak w/ Gravy</i>	8 Breakfast: Mini Cinni Donuts Pork Tenderloin Broccoli w/ Cheese Sauce Banana <i>Alt: Shredded Beef Nacho's w/ Queso Sauce</i>
11 Breakfast: Breakfast Slider0 Cheese Sticks w/ Marinara Sauce Green Beans Fresh Strawberries Fresh Broccoli w/ Hummus Jello <i>Alt: Goulash</i>	12 Breakfast: Sausage and Gravy over Biscuit Teriyaki Chicken Rice Oven Roasted Veggies Pineapples w/ Mandarin Oranges Dinner Roll <i>Alt: Breakfast Pizza</i>	13 Breakfast: Cherry Frudel Walking Taco Shredded Lettuce Diced Tomatoes/Salsa Shredded Lettuce Black Beans Sliced Apples Churro <i>Alt: Lasagna Rollup w/ Breadstick</i>	14 Breakfast: Omelet w/ Sausage Patty Fish Shapes Mac -n -Cheese Romaine Salad Sliced Red Peppers Applesauce Dinner Roll <i>Alt: Philly Steak Sandwich</i>	15 Breakfast: Long John Belgian Waffle Omelet Fresh Strawberries Dragon Juice Warm Cinnamon Apples <i>Alt: Chicken and Cheese Enchilada w/ Queso Sauce</i>
18 Breakfast: Pancake Sausage Stick Chicken Tenders Smiley Potatoes Grapes Fresh Broccoli w Hummus Cauliflower Biscuit w/ Jelly <i>Alt: Cook's Choice</i>	19 Breakfast: Breakfast Pizza Bosco Cheese Sticks w/ Marinara Sauce Seasoned Peas Spinach Salad Chilled Pears Pudding Cup <i>Alt: General Tso w/ Rice</i>	20 Breakfast: Breakfast Sandwich Cheese Quesadilla Diced Tomatoes/Salsa Shredded Lettuce Kiwi Snicker Doodle Cookie <i>Alt: Loaded Cheesy Potato Fiesta Ole'</i>	21 Breakfast: Pancakes 4- 6 Chili K-3 Chicken Noodle Soup Grape Tomatoes Cinnamon Roll <i>Alt: Baked Potato w/ Ham and Cheese Sauce</i>	22 Breakfast: Mini Cinn Donuts Beefburger Onion Rings Banana <i>Alt: Weiner Wink</i>
25 Breakfast: Breakfast Slider Crispy Chicken on a Bun Sweet Potato Fries Fresh Broccoli w/ Hummus Fresh Strawberries <i>Alt: Tator Tot Casserole</i>	26 Breakfast: Sausage Gravy over Biscuit Pasta w/ Marinara Meatballs Green Beans Caesar Salad Pineapple w/ Mandarin Oranges Breadstick <i>Alt: Pasta w/ Chicken Alfredo Sauce</i>	27 Breakfast: Cherry Frudel Soft Shell Taco Refried Beans Diced Tomatoes/Salsa Shredded Lettuce Sliced Oranges Cinnamon Bread <i>Alt: Cook's Choice</i>	28 Omelet w/ Sausage Patty Flying Saucer Baby Carrots Applesauce Dinner Roll <i>Alt: Country Fried Steak w/ Gravy</i>	Grab and Go Options: Monday- PBJ Pack Tuesday- Yogurt Pack Wednesday- Chef Salad Thursday- Yogurt Pack Friday- PBJ Pack

]

Iowa Non-Discrimination Statement:

"It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14th St. Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>."

Non-Discrimination StatementIn accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.